

Mrs. Zinnia Roy
State Aided College Teacher (SACT), department of psychology.
M.A. (Clinical Psychology); Advance diploma in Counselling (Specialized in stress management)
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Overview:

Keen to know about the people inner struggle with empathy and compassion provide psychotherapy if necessary to cope with the environment .Construct skills and knowledge among students and motivate them to use their lessons in real life, it focuses student's attention on the lesson and its purposes.

Date of appointment to the present job:

1st November 2017

Other Academic/ Administrative post:

Coordinator of Dept. of Psychology) & Coordinator for monitoring the evaluation of answer scripts of (Kazi Nazrul University)

Academic background:

Graduation:

B.A. in Psychology (Honours) from Asutosh College, University of Calcutta, Kolkata (W.B.) 2011

Post-Graduation:

M.A. in Psychology (Specialization in clinical psychology) from IGNOU, Kolkata (W.B.) 2014

Specialization:

Advance Diploma in UGC Career Oriented Course on Stress Management from Centre for Counselling Services and Studies in Self Development (CCSSS), Jadavpur University 2011-2014

Information about M Phil/Ph D etc.: NIL

Area of present academic/ Research interest/ Research Projects & Schemes and Collaborations:

Research interest:

- Mapping Mindscape of Boys Understanding Social Construction of Masculinities and Stress.
- Stress among students of school, college and research scholars.
- Development pattern and environmental issues influence on symptoms of Hysteria.

Ph.D. Supervision: NIL

Academic Visit Abroad: NIL

Publications: NIL

Books and Chapters: NIL

Seminars, Webinars and Conferences attended:

- ❑ Roy Z. "Mental Health Issues in the Context of COVID-19." Participated. Webinar organized by Jadavpur University, Centre for Counselling Services and Studies in Self-development (CCSSS) Kolkata, WB, India. July 3, 2020.
(Web link: <https://youtu.be/YBAMR56Ucto>)
- ❑ Roy Z. "*Living on the Edge with COVID-19.*" Participated. Webinar organized by Triveni Devi Bhalotia College, Raniganj, WB, India. June 4, 2020.
(Web link: https://youtu.be/P_Q9z26kaqA)
- ❑ Roy Z. "Entitlement, Equality and Mental Health: Contemporary Psychosocial perspectives". Presented a paper on National conference in the ICSSR sponsored and RCI accredited three day conference organized by Department of applied Psychology, Kazi Nazrul University, Asansol (W.B.) India, November 8-10, 2019.
- ❑ Roy Z. "Workshop on play therapy." Participated. Organized by Samikhani, therapeutic institute, Kolkata, W.B., India January, 23-28, 2016.
- ❑ Roy Z. "Effective Management of Stress of Teachers, Parents, and School Administration in Educating Adolescent Students of Secondary Schools of West Bengal." Participated. Seminar organized by Centre for Counselling Services and Studies in Self-development (CCSSS), Jadavpur University, Kolkata, W.B., India, October, 31, 2014.
- ❑ Roy Z. "Psycho-social Aspects of Sexual Violence in public Domain: current Indian Scenario." Participated. Seminar organized by Centre for Counselling Services and Studies in Self-development (CCSSS), Jadavpur University, Kolkata, W.B., India , March 8-9 , 2014.
- ❑ Roy Z. "Psycho-Social Dimensions of Aggression." Participated. Seminar organized by Centre for Counselling Services and Self-development (CCSSS), Jadavpur University , Kolkata , W.B. ,India , March, 23-24, 2013.
- ❑ Roy Z. "Seminar on Dependency" Participated. Seminar organized by Centre for Counselling Services and Self-development, Jadavpur University , Kolkata , W.B. ,India , March ,16 , 2012.
- ❑ Roy Z. "Seminar on Jealousy" Participated. Seminar organized by Centre for Counselling Services and Self-development, Jadavpur University , Kolkata , W.B. ,India , March ,17-18 , 2012.
- ❑ Roy Z. "Workshop on Self Confidence" Participated. Workshop organized by Centre for Counselling Services and Self-development, Jadavpur University , Kolkata , W.B. ,India , March , 31 , 2012.

Conference/ Seminar Organised:

Organized One Day Workshop on "STRESS MANAGEMENT" from Counselling Cell for Self-development, Trivenidevi Bhalotia College, Raniganj, W.B., April, 26, 2018.

Life Membership: NIL

Awards: NIL

Others/ Miscellaneous: NIL
